



ARMSTRONG BOYS BASKETBALL CAMPS

SUMMER WORKOUTS!

Future grades 9-12

THIS SUMMER ARMSTRONG COACH JON BRYANT AND HIS STAFF
WILL CONDUCT A SUMMER TRAINING PROGRAM
FOR ALL ARMSTRONG BOYS' BASKETBALL PLAYERS ENTERING GRADES 9-12.

SESSION 1 Monday and Wednesday (8:00am – 9:30am) Cost \$80*
June: 10,12,17,19,24,26 - July: 8,10,15, 17, 22, 24, 29

SESSION 2 Tuesday and Thursday (3:30pm-5:00pm) Cost \$80*
June: 11, 13, 18, 20, 25, 27 - July: 9, 11, 16, 18, 23, 25, 30

**All sessions discount for Monday-Thursday workouts - Cost \$130*

***No refunds for missed sessions*

In addition to the workouts, all players will receive a T-shirt for their participation.

ALL WORKOUTS AT ARMSTRONG HIGH SCHOOL

Goals & Objectives:

- Individual skill development with emphasis on shooting and ball-handling
- Implementation of offensive and defensive team concepts and strategies
- Team unity built through commitment, hard work and dedication
- Opportunity for new staff to build relationship and get to know our players

▶ **Note: Sign-up deadline is Friday, May 31st and registration is limited to 30 players per session**
For more information, please email Jon Bryant at: jbryant8@hotmail.com



Please fill out the below information
and send with a check made payable to

ARMSTRONG BOYS BASKETBALL BOOSTERS

Send to:

Jon Bryant

1905 East Wayzata Blvd

Suite 250

Wayzata, MN 55391

PLAYER NAME

EMAIL

GRADE PRESENTLY (SPRING OF 2019)

ADULT T-SHIRT SIZE (CIRCLE ONE):

SMALL MEDIUM LARGE X-LARGE XX-LARGE

STREET ADDRESS

CITY, STATE, ZIP

PARENT NAME & CELL PHONE

PARENT NAME & CELL PHONE

I authorize Armstrong HS to secure any medical treatment deemed necessary. I waive and release Armstrong from any and all liabilities for any injuries or illnesses incurred while at the training program.

PARENT SIGNATURE

PLAYER SIGNATURE