

## **Armstrong High School Injury Procedure**

This plan is in action when the Certified Athletic Trainer (ATC) is present during contracted times for athletic events and practices at Armstrong High School. This includes instances when there are multiple events occurring at the same time.

### **WHEN AN INJURY OCCURS**

1. ATC/Coach recognizes injury
2. ATC is contacted
  - a. Onsite
  - b. By cellular phone
3. Extent of injury is briefly discussed
  - a. Coach is instructed on initial treatment
  - b. ATC responds to site of injury
4. ATC evaluates injury and determines course of action
  - a. Athlete is treated and allowed to return to participation
  - b. Athlete is transported to Athletic Training Room for further evaluation
    - i. Athlete is treated and allowed to return to participation
    - ii. Parents are then called for transport/consultation if needed
    - iii. Coach and ATC consult after practice/event regarding injury
  - c. Parents are called to transport
    - i. Parents are contacted by ATC
    - ii. If parents are not available an alternate contact is notified
    - iii. Member of coaching staff stays with ATC until parent/s depart
    - iv. Coach and ATC consult after practice/event regarding injury and prognosis
  - d. Emergency Medical Services (EMS) is called
    - i. Emergency Action Plan is activated
    - ii. Parents are contacted, coach must have emergency contact numbers available
    - iii. If parents are not available the alternate contact is notified
    - iv. Member of coaching staff stays with the ATC until EMS departs
    - v. Coach and ATC consult after practice/event regarding injury and prognosis